

# Always Be Careful

## Protect Your Life Yourself

Hiromi Ieda, Miyuki Kikuchi, Mai Kawahigashi

2733 Kansai Soka Senior High School

### Introduction

We participated in High School Student Summit on “World Tsunami Awareness Day” 2018 in Wakayama on October 31 and November 1 last year. On this event, we discussed what we can do to improve awareness of disaster prevention. In June last year, we experienced the 2018 Osaka Northern Earthquake and we felt our mission again and started to begin our research in July. We never know when, where and what will happen. We have been working on our action plans to break down the stiff images of disaster prevention on students and tried to attract them to tell them the importance of preparing for disasters.

### Our Research

We visited Tsunami Storm Surge Disaster Prevention Station and Abeno Life Safety Learning Center to study about the basic knowledge about disaster prevention, and realized the importance of the awareness of disaster prevention.

Moreover, we interviewed people from Miyagi, Hokkaido, Osaka in Japan, and Sichuan in China. As three of us are all dormitory students from places which experienced earthquakes, we interviewed the people in our hometown, who have experienced earthquake. (The Great East Japan Earthquake, Hokkaido Iburi Eastern Earthquake, Wenchuan Earthquake) Though the interview, we found that many people think that “we will be fine.” In addition, we found that a quick decision and ability to take action will be needed in disasters. Therefore, the knowledge we learned for our research is very important. And the students should know the knowledge so that they can make a quick decision and take action when a real earthquake happen.

### Action 1

#### MUSIC VIDEO

We made a theme song. The lyrics are about what to do during and after an earthquake. There are many important tips and information that we want students to remember. Many students are not interested in disaster prevention, so we wrote this song to make students feel it is easy to remember and to do.

### Action 2

#### MORNING MEETING

In the morning meeting, we sang our song “ABC - Always Be Careful” and quizzed the students the importance of disaster prevention. In addition, we shared the results of our interview to show how dangerous an earthquake is. Our activities were highly evaluated. Many students began to take account of disaster prevention.

### Action 3

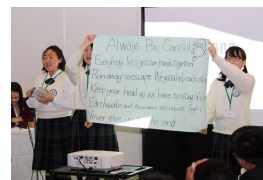
#### EVACUATION CARD

We designed an evacuation card. There are column to write private information and evacuation contact. This card is small enough to put in your phone case or wallet. Also, there are column to write blood type and the nearest evacuation area. If you lose your consciousness in an earthquake, the hospital can quickly check your blood type and save you. We gave this card to people in our school and local area, and those who came to my school in open campus.

### High School Student Summit on “World Tsunami Awareness Day” 2018 in Wakayama

We think that one of the problems is that young generations are not participating in evacuation drills or education which is related to disasters seriously. Therefore, we suggested to use SNS to spread knowledge of disaster prevention. In addition, we proposed that the disaster drill can conclude sound effect, and restriction on the number of exit to make students feel more nervous and that it is close to reality. At the closing ceremony, Professor Katada of Tokyo University gave a speech about disaster prevention. In the speech, Professor Katada roughly divided three things.

- 1) Do not think the perdition (such as hazard map) are all correct.
- 2) Escape till the end
- 3) Be the first to escape



### Conclusion

Through these activities, we were able to improve the awareness of disaster prevention of our students and teachers. We tried our best to break the stiff image of disaster prevention and to make it easier for anyone to take part in disaster prevention. In addition, we were able to spread our activities to not only in school but also in environment festa, which is a big event in Katano. We would like to continue to make new action plans and spread our activities. We never know when, where and what will happen. Therefore, it is important to ALWAYS BE CAREFUL !